



UW TASP
tele-antimicrobial stewardship program

echo

April 1, 2025

Agenda

- Sydney Kruse, PharmD: *Time Matters: Prolonged Infusion Strategies for Beta-Lactam Antibiotics*
- Case Discussions
- Open Discussion

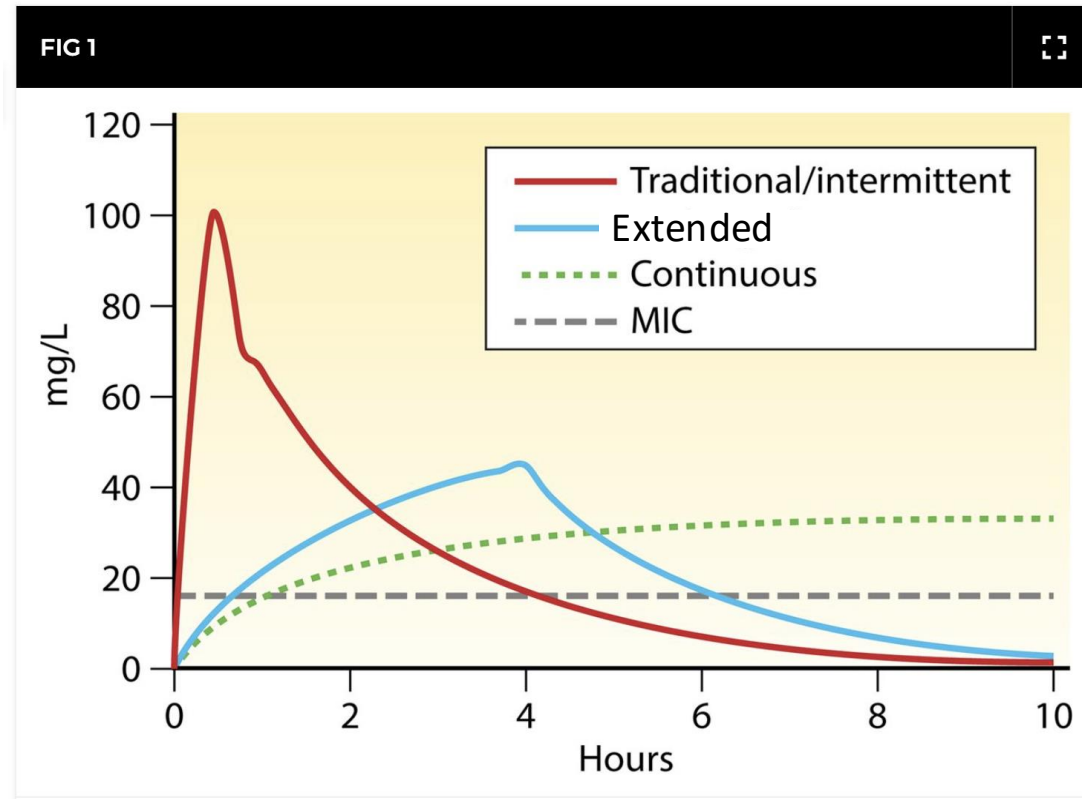
Lecture Objectives

- Explain the theory of prolonged infusion beta-lactam antibiotics
- Evaluate the BLING III trial and understand how it fits into the broader literature surrounding prolonged infusions
- Illustrate challenges and considerations for implementation of a prolonged infusion protocol

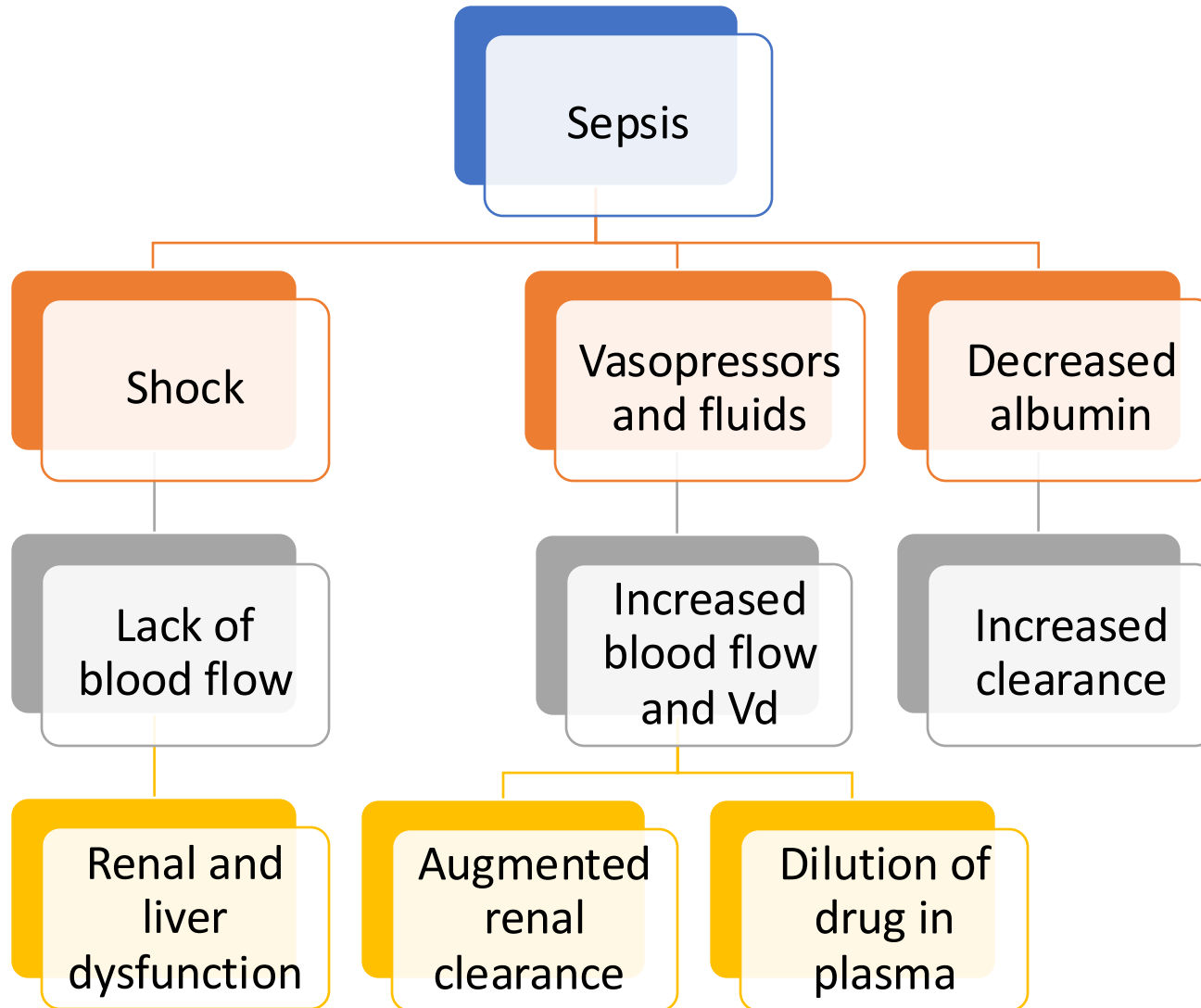


Prolonged Infusion of Beta-Lactam Antibiotics Optimizes PK/PD

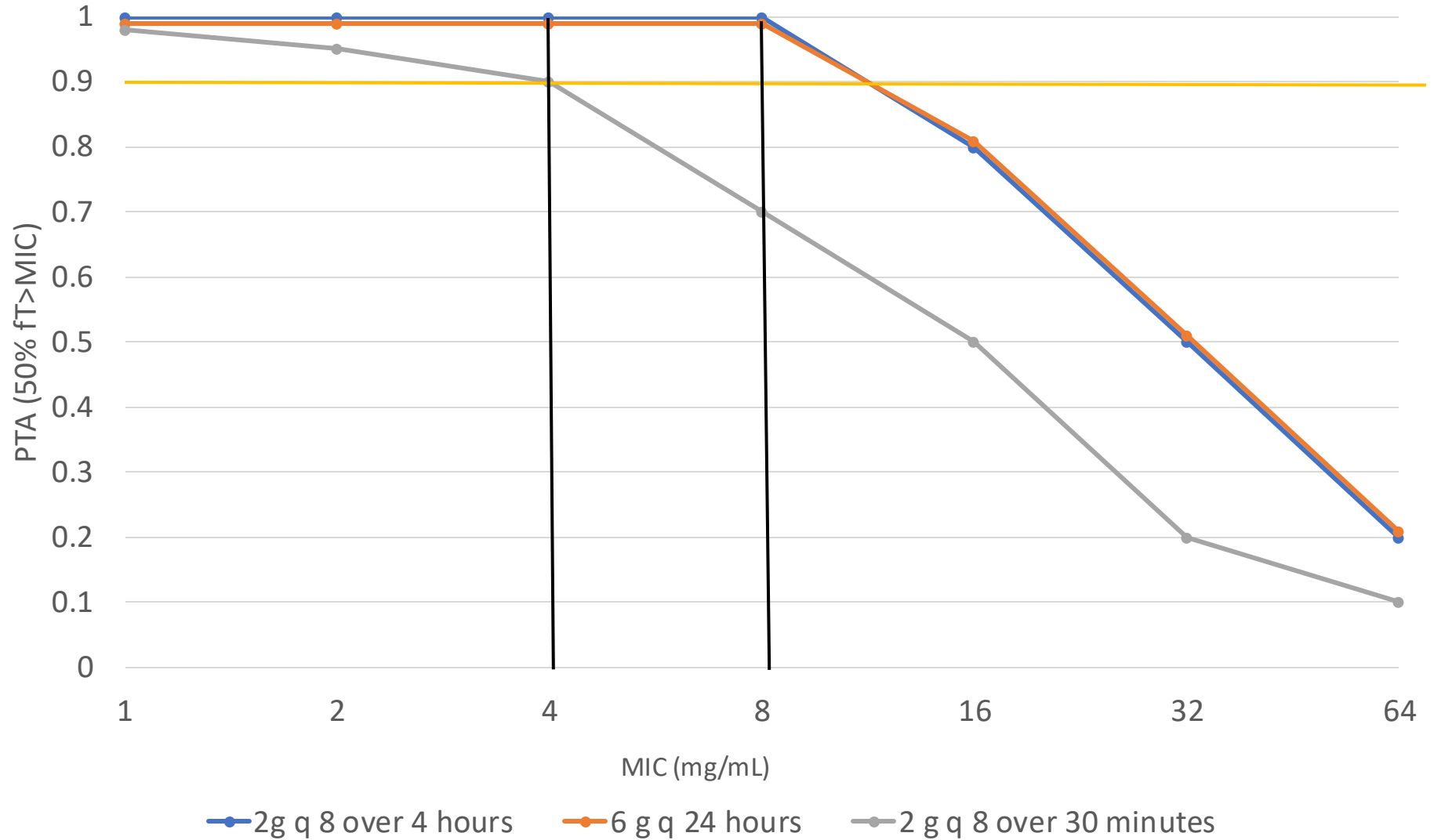
- Beta-lactams exhibit time-dependent killing of micro-organisms ($fT > MIC$)
 - PK/PD Target is $\sim 50\%$ $fT > MIC$
- Maximal killing occurs at consistent free antibiotic concentrations 4-5X above the MIC



Changes in PK/PD in Critically Ill Patients with Sepsis



Cefepime



PTA: probability of target attainment



BLING III Trial



The BLING III Randomized Clinical Trial



Purpose: To evaluate CI vs II β -lactam administration in the critically ill



Methods: International, open-label, randomized clinical trial of adult ICU patients with a documented site or strong suspicion of infection and organ dysfunction



Intervention: CI vs II piperacillin/tazobactam or meropenem



Primary Outcome: All-cause mortality at 90 days



Baseline Characteristics

	Continuous Infusion (n = 3498)	Intermittent Infusion (n = 3533)
Age, Mean SD, y	59.3 (16.4)	59.6 (16.1)
Sex, Male, no. (%)	2308 (66)	2300 (65.1)
APACHE II score \pm SD	19.6 \pm 7.6	19.5 \pm 7.4
Inotropes/vasopressors in the 24 h prior to randomization, no./total (%)	2481/3496 (71.0)	2482/3532 (70.3)
Pulmonary infection, no./total (%)	2062/3494 (59.0)	2119/3532 (60.0)
Piperacillin/tazobactam at eligibility, no. (%)	2739 (78.3)	2766 (78.3)



Results

Outcome	Continuous infusion (n = 3498)	Intermittent infusion (n = 3533)	Absolute difference (%)
Primary outcome			
All-cause mortality at day 90, no./total (%)	864/3474 (24.9)	939/3502 (26.8)	-1.9 (-4.9 to 1.1)
Adjusted analysis			-2.2 (-5.5 to 1.1)
Secondary outcomes			
Clinical cure at day 14, no./total (%)	1930/3467 (55.7)	1744/3491 (50.0)	5.7 (2.4 to 9.1)
New acquisition, colonization, or infection with an MRO or <i>C. difficile</i> , No./total (%)	253/3498 (7.2)	266/3522 (7.5)	-0.3 (-1.9 to 1.4)
Adverse events: 10 (0.3%) CI vs 6 (0.2%) II			



Number Needed to Treat

- Number Need to Treat (NNT) is a way to assess the benefit of treatment
- $NNT = 1/\text{absolute risk reduction (ARR)}$
 - ARR of mortality from BLING III was 2% (0.02)
- $1/0.02 = 50$
- **50 patients need to be treated with a continuous infusion to avoid 1 death**



Limitations

Limitations:

- Most patient on piperacillin/tazobactam
- Caution to generalizing to places with higher antimicrobial resistance

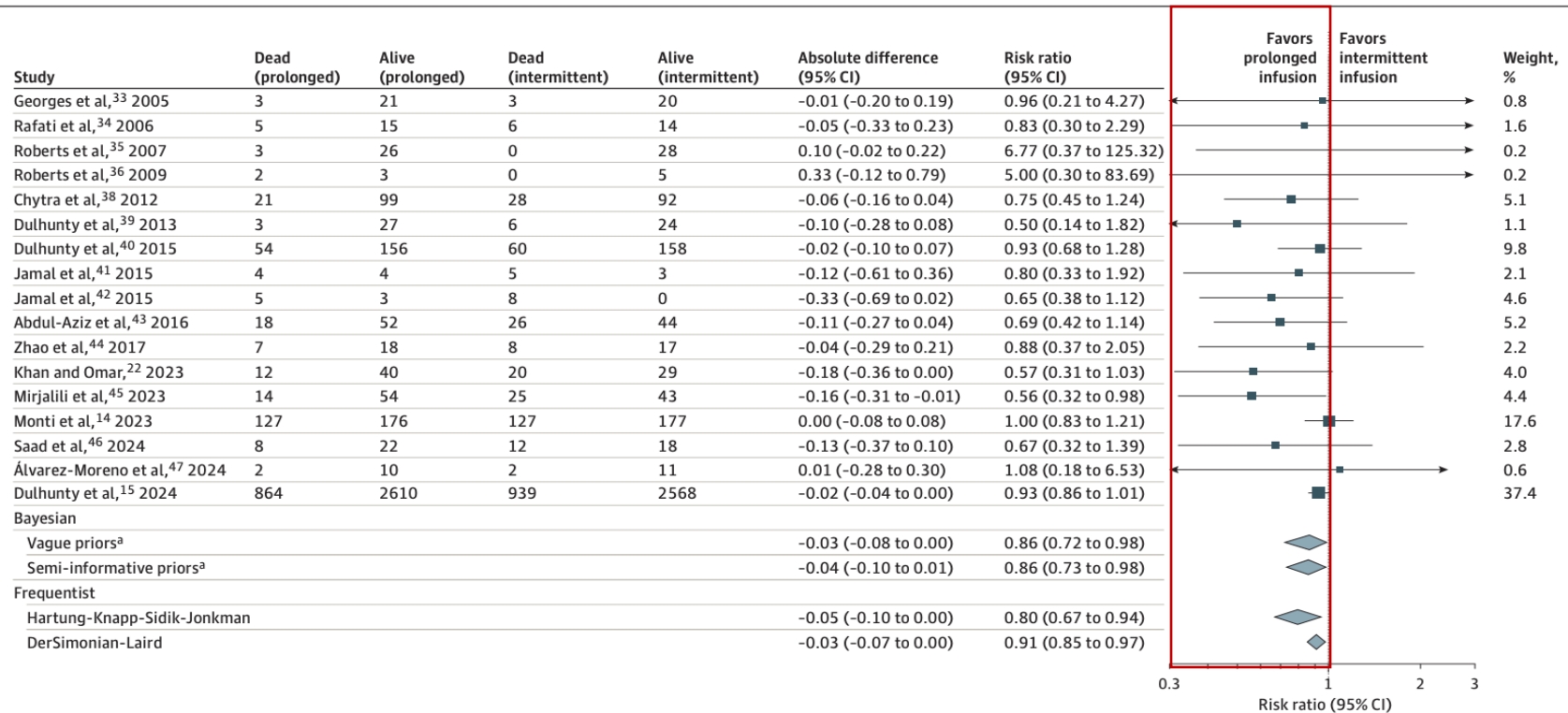
Key take aways:

- The CI group had numerically lower mortality rate and improved clinical cure when compared to II
- Not statically significant but may have clinical significance based on NNT of 50 patients.



2024 Systematic Review and Meta Analysis

Figure 1. All-Cause 90-Day Mortality for the Comparison Between Prolonged Infusions of β -Lactam Antibiotics vs Intermittent Infusions



The black boxes represent point estimates, and the areas of the boxes are proportional to the weight of the studies. The weights displayed are based on bayesian analysis with vague priors. The whiskers represent CIs. Width of the diamonds represents the trials' pooled estimate CI, and the middle point represents the point estimates.

^aCredible intervals are presented for bayesian analysis.



Current and Future Operations



How Does UW Medicine Administer Beta-Lactams?

Piperacillin/tazobactam is administered as an extended infusion over 4 hours

Cefepime and meropenem are administered over 30 minutes

Newer BL/BLIs are administered as EI via MDRO order panel



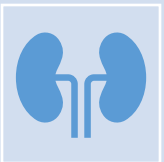
On the Horizon at UW Medicine



Prolonged infusion are recommended by the IDSA and international recommendations endorsed by ACCP, BSAC, CFF, ESCMID, IDSA, SCCM, and SIDP



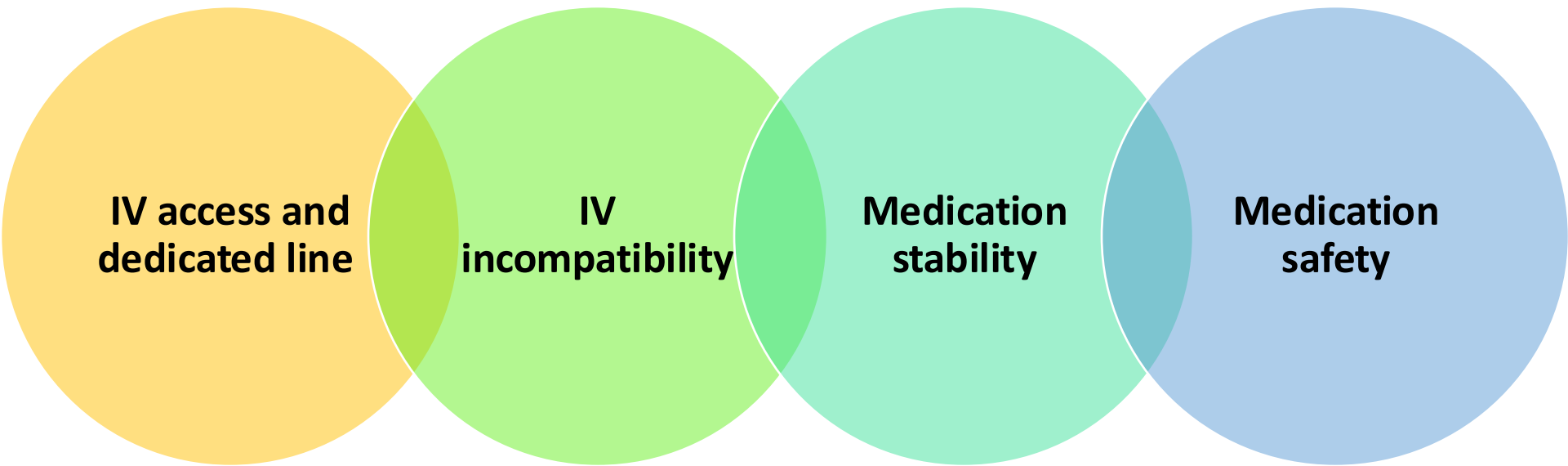
Implementing more routine use of extended infusions for severe pseudomonal infections



Includes bacteremia, pneumonia, CNS infection, intra-abdominal, and complicated skin and soft tissue infection



Potential Issues Associated with Prolonged Infusion Beta-Lactam Antibiotics



Considerations for Implementation of Prolonged Infusion Beta-Lactam Protocol

Severity of illness of patients

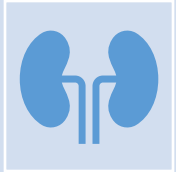
Local resistance patterns

Hospital resources

Cost



Prolonged Infusion Beta-Lactam Conclusions



Prolonged infusions are safe, effective, and optimize PK/PD of beta-lactam antibiotics



Logistical challenges exist with prolonged infusions



Individual institutional factors play a role in implementation of a prolonged infusion strategy





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