

# P&T: Good, Bad, or Ugly?

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Audience Question...

Do you participate in the pharmacy and therapeutics committee?

> A.Yes B.No C.I don't know



## Pharmacy & Therapeutics

Purpose: maintain formulary



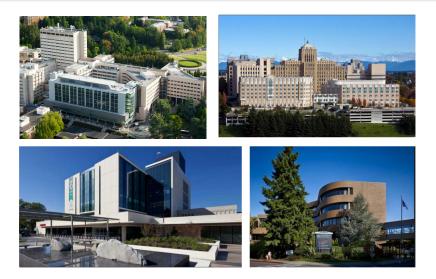
- Represents the clinical judgment of providers and pharmacists in the diagnosis, prophylaxis or treatment of disease and promotion of health.
- Ongoing process to systemically review drug therapies and drug related products to identify the most medically appropriate and cost-effective therapy for a given population.

Examples: Medicare, Medicaid, your hospital



Pharmacy & Therapeutics A key tool for ASP How to do it....

 $\checkmark$  Who is involved?



- ✓ Standing "ID Sub-Committee" (~12 members)
  - Stewardship Pharmacists (and trainees)
  - Stewardship Physicians (and other ID docs)
  - Purchasing Team
  - Guest Participants (providers, vaccine team, employee health, micro lab)



Audience Question...

# How often does your P&T committee meet?

A. More than MonthlyB. MonthlyC. Less than monthly



UW Medicine Pharmacy & Therapeutics

- ✓ Frequency of meetings?
  - ➢ P&T: Monthly
  - ID Sub: Every other month

	<u> </u>	Cale	enc	lar		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
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Pharmacy & Therapeutics/ ID Subcommittee

- ✓ Which drugs to add?
- ✓ Providers can request
  - All new antimicrobials are reviewed within a year of FDA approval (usually within 6 months)
- Unbiased review of clinical data





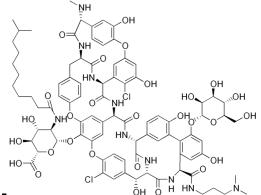






Pharmacy & Therapeutics

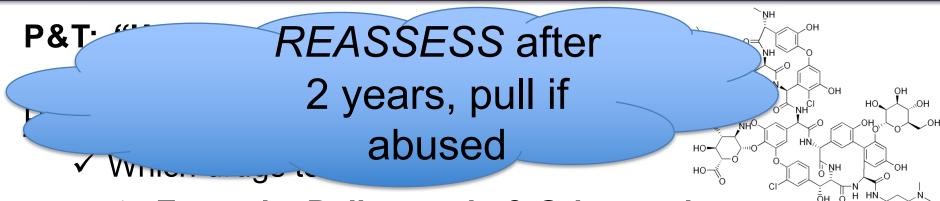
✓ Which drugs to add?



# Example: Dalbavancin & Oritavancin

- "Exciting" new class (lipoglycopeptides)
- Concern for toxicity (allergic? too bad!)
- Not approved for IE (where we need it)
- Expensive (~\$4,500 per injection)





# Example: Dalbavancin & Oritavancin

- NOT add oritavancin
- ADD dalbavancin RESTRICTED to ID approval
- ✓ Catheter related bacteremia due to susceptible organism in which conventional intravenous antimicrobial therapy has failed or conventional intravenous therapy is not feasible due to circumstances of social history or adherence to treatment therapy.
- Complicated skin and soft tissue infection with associated bacteremia in which conventional antimicrobial therapy is warranted but not feasible secondary to poor medication adherence

# Used 36 times

- \$ 105,000
- 75% outside guidelines
- ID always involved •
- 12% readmission rate
- **Remains on formulary**

### Given label u:

The purpose of this me forth by the P&T ID su Washington Medical C

### Methods

Pharmacy dispensing UWMC and HMC betwee through the electronic because they did not r HMC who had two sen encounter was treated different infection. The indication, dosing regi reactions, homelessne The microorganism da intravenous use was d collected to calculate a

### consultat

Among patients treat with vancomycin. Microorga of them were susceptible to vancom

Dalbavancin was most commonly us (29/36) of the patients (Table 3). An These natients had a combination of Strep, Viridans Strep, Strep Group A, received dalbavancin for MSSA due t patient received dalbavancin for Viri and history of IVDU. The remaining dalbavancin treatment was initiated culture results.

In terms of duration of therapy, thirt one dose of dalbavancin to finish a c were prescribed two doses but only Twenty-seven percent (10/36) of pa (3/36) had greater than two weeks

> RISK MANAGE CONFIDENTIA

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Indication		
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nfection		
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80

60

40

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45

Previous IVDII Hom

RISK MAN

CONFIDE

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Chang CM, Yin WY, Wei CK, Wu CC, Su YC, Yu CH, Lee CC. (2016) Adjusted Age-Adjusted

Submitted by: Amy Ngai, PharmD

&T approved Ibavancin for indications priate with ID consultation. es. However, patients who 0 days and a readmission rate of

not currently being used within the original P&T approved as active IVDU and medication non-adherence make dalbavancin ts. and all of the clinical scenarios were deemed clinically . It should continue to be restricted with ID consult only. It may be pare the length of hospital stay and readmission rate before formulary to the data collected from the MUE.

cin (Dalvance™) Package Insert, Durata Therapeutics, Inc. May 23, 2014. Ison ME, Pompei P, Ales KL, MacKenzie CR. (1987) A new method of classifying prognostic comorbidity in longitudinal studies: development and validation.J Chronic Dis; 40(5):373-83.

- 3. Frenkel WJ, Jongerius EJ, Mandjes-van Uitert MJ, van Munster BC, de Rooij SE. (2014) Validation of the Charlson Comorbidity Index in acutely hospitalized elderly adults: a prospective cohort study.J Am Geriatr Soc; 62(2):342-6.
- 4. Charlson M, Szatrowski TP, Peterson J, Gold J. (1994) Validation of a combined comorbidity index. J Clin Epidemiol; 47(11):1245-51.
- Charlson Comorbidity Index Score as a Risk Measure of Perioperative Mortality before Cancer Surgery. PLoS One; 11(2): e0148076.

RISK MANAGEMENT/QUALITY IMPROVEMENT WORK PRODUCT DO NOT PLACE IN MEDICAL RECORD CONFIDENTIAL PURSUANT TO RCW 4.24.240-250 & 70.41.200



Pharmacy & Therapeutics

✓ Which drugs to remove?

# Example: Caspofungin & Micafungin

- Both excellent anti-candida drugs
- Caspo had been on formulary for years
- Mica has similar spectrum, interaction profile, dosing issues... but changing saved us \$500K
- No regrets or patient harm after the switch





Question...

How often does your P&T Committee review existing formulary?

A. Every TimeB. AnnuallyC. OtherD. I'm not sure

Paul Pottinger MD



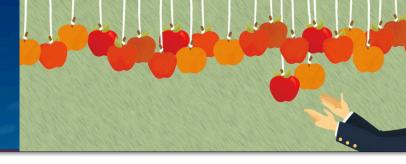
Additional Pharmacy & Therapeutics activities:

- Adverse drug event monitoring
- Medication-error prevention
- Development of clinical care guidelines
- Communication for drug shortages and interchanges
- Resource for medication use evaluations (MUEs)
- Newsletters
- Supports rather than replaces antimicrobial stewardship

Guidelines on the Pharmacy and Therapeutics Committee and Formulary System; ASHP. 13







P&T: "Good for you... sometimes ugly"

Lowest Hanging Fruit on the Tree!

- ✓ Availability drives use
- ✓ Stakeholders at the table
- ✓ Resist industry pressure to add the latest abx! (newer ≠ better)
- ✓ Reviewing current formulary may save \$
- ✓ Shared resources can help

