

EOC Policy #COVID19.TBD**Guidance for HCP Exposed to SARS-CoV-2****Date Issued:** Click or tap to enter a date.**End Date:** Click or tap to enter a date.**OVERVIEW**

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| Objective | Define levels of exposure to SARS-CoV-2 and outline actions following an exposure |
| Policy Statement | |
| Scope (Policy Applies to) | All UW Medicine staff, trainees and faculty |
| Definitions | <p>HCP- healthcare personnel</p> <p>Close contact- being within approximately 6 feet (2 meters) of a person with infectious COVID-19 for 15 minutes or more (time limit does not apply to AGP exposures) or having unprotected direct contact with infectious secretions or excretions of the patient.</p> <p>Exposure- having close contact with a person with COVID-19, including during the 48 hours prior to symptom onset</p> <p>PPE- personal protective equipment</p> <p>SARS-CoV-2- the virus that causes COVID-19</p> <p>AGP- aerosol generating procedure</p> <p>Quarantine- a period of time that limits an exposed individual to their home to prevent additional infections</p> |
| Exclusions | None |
| References | <p>CDC <i>Interim U.S. Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with Coronavirus Disease 2019 (COVID-19)</i>, https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html, accessed 6/2/20</p> <p>CDC <i>Criteria for Return to Work for Healthcare Personnel with Suspected of Confirmed COVID-19 (Interim Guidance)</i>, https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html, accessed 5/18/20</p> <p>CDC <i>Strategies to Mitigate Healthcare Personnel Staffing Shortages</i>, https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html, accessed 5/20/20</p> |

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| | CDC <i>Public Health Recommendations for Community-Related Exposure</i> , https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html , accessed 5/28/20 |
| Policy Team (Names & Titles) | John Lynch Santiago Neme Chloe Bryson-Cahn Seth Cohen Adrienne Schippers Mike Hori Vanessa Makarewicz Paul Pottinger |

GENERAL STANDARDS AND EXPECTATIONS

Exposure to SARS-CoV-2 While at Work

| | Person with COVID-19 (symptomatic or asymptomatic)* | | |
|-----------------------------------|---|------------------------------|-------|
| | No mask | Wearing a mask or face cover | AGP** |
| HCP no mask | | | |
| HCP + mask only | | | |
| HCP + mask + eye protection | | | |
| HCP + respirator | | | |
| HCP + respirator + eye protection | | | |

*Person with COVID-19 can be another HCP, a patient, visitor or other individual

** Risk assessment performed by Infection Prevention & Control and Employee Health Services

The exposures noted in the red boxes above are considered higher-risk situations involving exposure of HCP's eyes, nose, or mouth to material potentially containing SARS-CoV-2.

The exposures noted in the yellow boxes are considered lower-risk and need for quarantine will be determined based on the symptoms of the infected individual, the procedure involved (if any) and the duration of exposure. Based on those criteria, the site Employee Health and Infection Prevention & Control teams will provide a recommendation for working with monitoring or quarantine.

When an exposure occurs, the assigned Employee Health and Infection Prevention teams will determine the HCPs who were exposed and the risk category for each person. Once determined, those teams will notify the exposed healthcare worker and the duration of quarantine.

1. HCP who have a higher-risk exposure will be offered SARS-CoV-2 testing at 48 hours or greater after exposure and will quarantine for 14 days from the day of exposure. The period of quarantine is not dependent on the result of the employee's test. Employees will self-monitor for signs and symptoms of COVID-19 during the period of quarantine. If signs or symptoms do develop, the individual should undergo repeat testing for SARS-CoV-2. If the HCP acquires COVID-19 (with or without symptoms), home quarantine precautions should be followed.
2. HCP with a lower-risk exposure will continue to work and self-monitor per UW Medicine policy (daily self-attestation when at work and monitoring health daily when not working).

Exposure to SARS-CoV-2 While Not at Work

HCP who are exposed outside of work (ex. at home) may be at higher risk of infection. A higher-risk exposure is defined as greater than or equal to 15 minutes and within 6 feet of an individual with COVID-19 and without both individuals wearing masks or face covers.

The challenge for many individuals is that it can be difficult to quarantine when the exposure occurs in the individual's home. Some individuals may be contacted directly by public health departments following an exposure. UW Medicine staff, trainees and faculty should follow public health recommendations for testing and quarantine.

1. For HCP with high-risk community exposures:
 - a. Test per public health contact tracing recommendations (test as soon as possible). Testing can be performed at a UW testing site or by a non-UW site or provider
 - b. Quarantine for 14 days from the most recent day of exposure and self-monitor for symptoms
 - c. If able to quarantine away from the household exposure, the HCP can return to work, if symptom-free, after completing the 14-day period or per public health guidance
 - d. If not able to quarantine away from the household exposure, the 14-day period will begin 10 days after symptom onset for the person with COVID-19.
2. HCP with a low-risk exposure will continue to work and self-monitor per UW Medicine policy.

RESPONSIBILITIES

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| UW Medicine is responsible for: | Distributing this policy to staff. |
| Policy Team is responsible for: | Ensuring this policy is up to date. |

AUTHORIZATION**Date Approved:** Click or tap to enter a date.**Approved by:** Name / Meeting**COMMUNICATION PACKAGE**

| Audience | Communication / Method of Delivery | Delivered By |
|----------------------|---|--|
| All Staff | | |
| Front Line Staff | | |
| EOC Staff | | |
| Patients | | |
| Media | | |
| Unions | | |
| Policy Catalog | Forward approved policy to EOC Director's office to be numbered and posted in EOC Policy Catalog (Michelle Gillies / Kate Meriwether) | EOC Centralized Admin (note taker at CL meeting) |
| UW Medicine Intranet | Forward approved and numbered policy to Incident Commander for posting | EOC Director's Office |

Attachments:**VERSION HISTORY**

| Version | Approved By | Revision Date | Description of Change | Author |
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