



**UWTASP**  
tele-antimicrobial stewardship program

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# Key Actions of an ASP Pharmacist

A day in the life of a stewardship pharmacist

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*This presentation is intended for educational use only, and does not in any way constitute medical consultation or advice related to any specific patient.*

# Objectives

- Describe day to day actions of a stewardship pharmacist
- Discuss monthly and quarterly actions
- Apply principles discussed to your practice site

# Program Overview

1. Education
  - Dosing cards
  - Occam.medicine.org
2. Guideline development
  - Ordersets for EMR
  - VAP, sepsis protocol
3. Prospective feedback
  - Carbapenems (restricted to ID after 72 hours)
  - Linezolid/ Daptomycin
4. Review antimicrobials for formulary consideration
5. Patient Safety



Few  
antibiotics  
are  
restricted!!

# Stewardship Daily Work Flow

Report from Theradoc: Pts on Carbapenems,  
Linezolid, Daptomycin...



ASP reviews microbiology , clinical  
status, etc



Contact Clinical Pharmacist/ Infectious  
Diseases Team for further discussion



provide verbal RECOMENDATIONS

# Meropenem Restricted to ID After 72 hours...

80 yo M with hx of NSCLC s/p resection in 12/2016 with course complicated by E.coli PNA, sepsis, respiratory failure requiring tracheostomy, and VT arrest, who was d/c to SNF for ongoing rehabilitation on 12/23/16, presenting today for a few days of increasing breath sounds and profound fatigue.

Meropenem start = 2/7/2017 (72 hours = 2/10/17)

2/7: sputum 3+ PMNs, 4+ GPR, 2+ GPC, 2+ serratia, 2+ enterobacter  
**4+ OPF**

Abx history cefepime x1, and vancomycin. Changed to meropenem due concern for resistant organisms

Stewardship assessment/plan (sent via email to ID team):

- Await culture results to tailor antibiotics. Meropenem is unlikely required based on initial sputum results.
- ID required after 2/10, if meropenem continued

# Attend Microbiology Rounds

- Monday, Wednesday, Fridays: 11- 12
- All ID teams attend
  - Responsibility of the fellow: Present the clinical history
- Review all positive blood cultures and some cultures from other sterile sites (CSF, pleural fluid, etc)
- Goal: Ensure appropriate therapy, testing and appropriate consultation of Infectious Disease Service.

**Wait, microbiology is off-site! How do I apply this my setting?**

- **Approach lab about getting a list of patients with positive blood cultures**
- **Help providers interpret microbiology results**

# Monthly Activities

- Review antimicrobials for formulary
  - Review medication utilization evaluations (MUE)
  - in collaboration with Harborview
- Mentor pharmacy students and residents

# Dalbavancin Medication Use Evaluation

2016:

- UW Medicine added Dalbavancin to formulary with defined clinical criteria

2017:

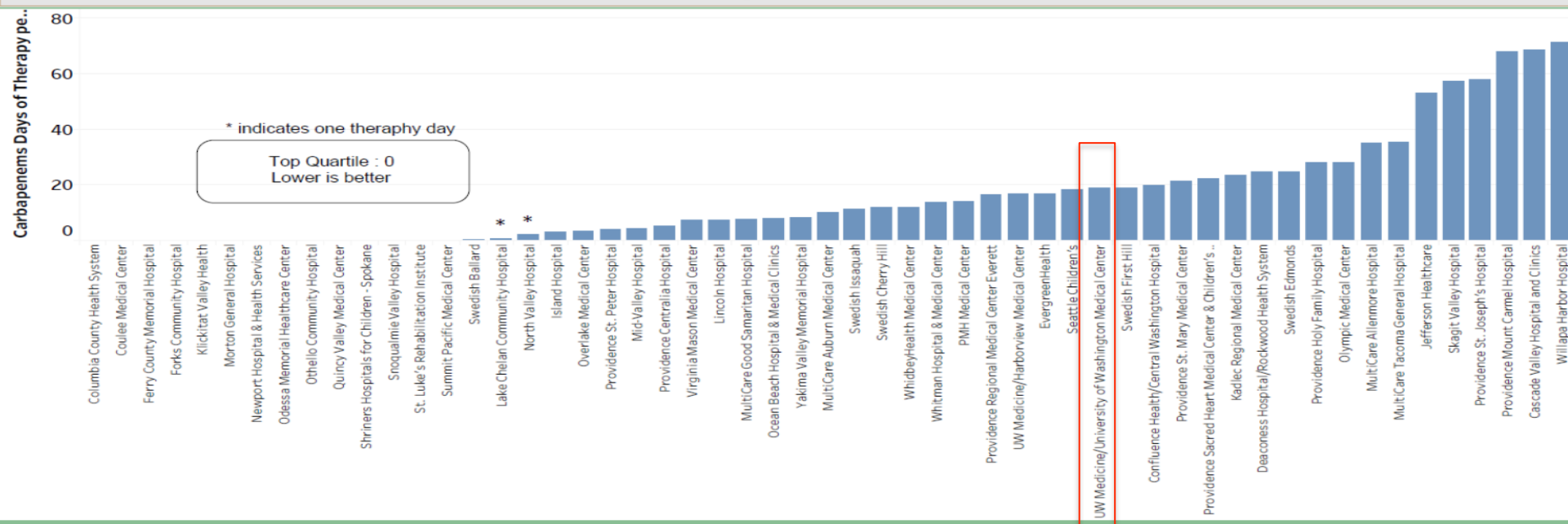
- Review 36 patients prescribed Dalbavancin
- Present at Pharmacy & Therapeutics
- Maintain criteria specified in 2016



# Quarterly Activities

- Summarize the antibiotic consumption for the hospital
- Submit data to WSHA

Antimicrobial Stewardship (ASP) Carbapenems Days-of-Therapy  
2016 Q2 Distribution



**Definition:** Total number of days of therapy over total number of patient days \* 1,000. (Carbapenems, Cephalosporins, Clindamycin, Fluoroquinolones, Penicillins)  
**Data Source:** Washington State Hospital Association's (WSHA) Quality Benchmarking System (QBS).

# Yearly Activities

- Review published antibiogram
- Review yearly antimicrobial costs
- Are there drastic changes that *MAY* impact our antibiotic usage?
  - Do we need to change our ordersets?
  - Do we need to review our formulary?

# How Do I Apply This to My Setting?

- Start small!
- What is your baseline antibiotic usage at your institution?
- Are there particular antibiotics that you are concerned about being misused?
  - Do a MUE to review indication, duration, IV to PO, etc
  - ***I noticed an increase in IV levofloxacin---do a review of the last 6 months.***
- Develop a guideline for a common question or disease (renal dosing of antibiotics, IV to PO, etc)

# Guidelines

UW Medicine

OCCAM

## Guidance

### A. Community-acquired pneumonia [non-aspiration risk] (*S. pneumoniae*, *atypicals*)

*Diagnosis: Send sputum gram stain & culture, CXR, urinary pneumococcal antigen, and blood cultures.*

- Ceftriaxone 1 gm IV q24 hours **PLUS**
- Azithromycin 500 mg PO/IV q24 hours
- If previous MRSA colonization or infection, **consider ADDING:** Vancomycin loading dose IV x1 (2 gm if  $\geq 70$  kg, 1.5 gm if  $< 70$ kg), then 15 mg/kg IV q12 hours.
- **Typical Duration: 7 days**

### B. CAP with cavitory lesion(s) (Oral anaerobes and MRSA)

- Ampicillin/Sulbactam 3 gm IV q6 hours **PLUS**
- Azithromycin 500 mg PO/IV q24 hours **PLUS**
- Vancomycin loading dose IV x1 (2 gm if  $\geq 70$  kg, 1.5 gm if  $< 70$ kg), then 15 mg/kg IV q12 hours.
- **Typical Duration: 10-21 days**

provide initial guidance, and may be modified depending on individual patient. THESE GUIDELINES ARE NOT MEANT FOR PATIENTS ON ECMO, SCUF, CR, SLED, CVVHD, OR CVVH, CONTACT YOUR CLINICAL PHARMACIST FOR RECOMMENDATIONS.

Drug (Small Screens? Touch Name)	Normal Renal Function Does	CrCl (mL/min) 10 - 50	CrCl (mL/min) <10	Hemodialysis Assumes TIW HD; give doses after HD if possible
		<b><u>HSV treatment</u></b>  25-50: 5mg/kg q12h  10-25: 5mg/kg		
	<b><u>HSV treatment</u></b>		<b><u>HSV treatment</u></b>	

# You can do it!

- Questions