### **UW** Medicine

HARBORVIEW MEDICAL CENTER

# The Skin Microbiome & Surgical Site Infection

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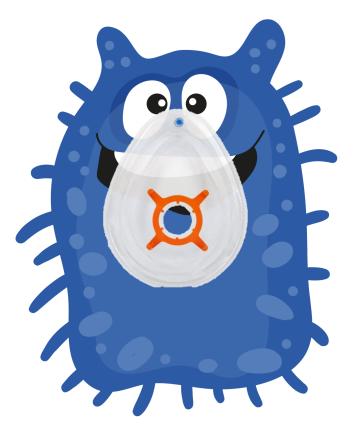


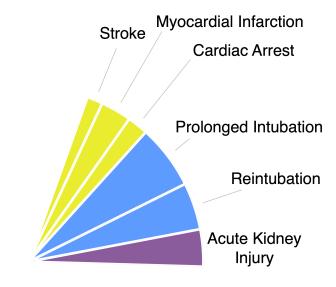
### No financial conflicts of interest

### Some data presented remain under peer review

## WHY SURGICAL SITE INFECTION?

Why focus on SSI (or any healthcare-associated infection) as an anesthesiologist?





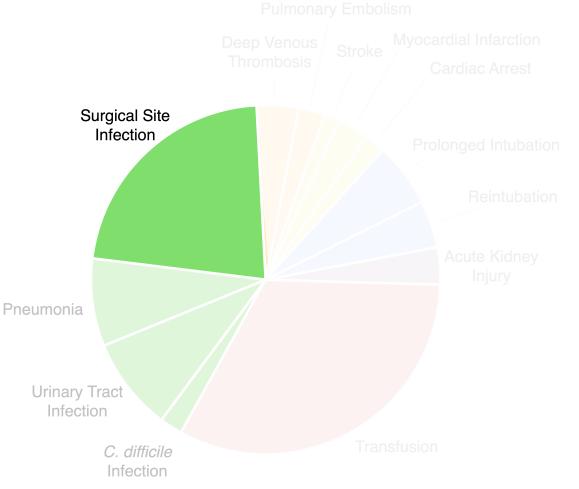
American College of Surgeons National Surgical Quality Improvement Program 2019 Participant Use Data File (PUF)

UNIVERSITY of WASHINGTON

# Infection is the most frequent complication of modern surgery

American College of Surgeons National Surgical Quality Improvement Program 2019 Participant Use Data File (PUF)

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### SSI is the

# #1 cause of postoperative readmission

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#### **Original Investigation**

### Underlying Reasons Associated With Hospital Readmission Following Surgery in the United States

Ryan P. Merkow, MD, MS; Mila H. Ju, MD, MS; Jeanette W. Chung, PhD; Bruce L. Hall, MD, PhD, MBA; Mark E. Cohen, PhD; Mark V. Williams, MD; Thomas C. Tsai, MD, MPH; Clifford Y. Ko, MD, MS, MSHS; Karl Y. Bilimoria, MD, MS

**IMPORTANCE** Financial penalties for readmission have been expanded beyond medical conditions to include surgical procedures. Hospitals are working to reduce readmissions; however, little is known about the reasons for surgical readmission.

**OBJECTIVE** To characterize the reasons, timing, and factors associated with unplanned postoperative readmissions.

**DESIGN, SETTING, AND PARTICIPANTS** Patients undergoing surgery at one of 346 continuously enrolled US hospitals participating in the American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP) between January 1, 2012, and December 31, 2012, had clinically abstracted information examined. Readmission rates and reasons (ascertained by clinical data abstractors at each hospital) were assessed for all surgical procedures and for 6 representative operations: bariatric procedures, colectomy or proctectomy, hysterectomy, total hip or knee arthroplasty, ventral hernia repair, and lower extremity vascular bypass.

MAIN OUTCOMES AND MEASURES Unplanned 30-day readmission and reason for readmission.

**RESULTS** The unplanned readmission rate for the 498 875 operations was 5.7%. For the individual procedures, the readmission rate ranged from 3.8% for hysterectomy to 14.9% for lower extremity vascular bypass. The most common reason for unplanned readmission was surgical site infection (SSI) overall (19.5%) and also after colectomy or proctectomy (25.8%), ventral hernia repair (26.5%), hysterectomy (28.8%), arthroplasty (18.8%), and lower extremity vascular bypass (36.4%). Obstruction or ileus was the most common reason for readmission after bariatric surgery (24.5%) and the second most common reason overall (10.3%), after colectomy or proctectomy (18.1%), ventral hernia repair (16.7%), and hysterectomy (13.4%). Only 2.3% of patients were readmitted for the same complication they

Editorial page 467

- JAMA Report Video and Author Video Interview at jama.com
- Supplemental content at jama.com
- CME Quiz at jamanetworkcme.com and CME Questions page 518

SSI is a

major driver

of excess healthcare cost

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#### **Original Investigation**

### Health Care-Associated Infections A Meta-analysis of Costs and Financial Impact on the US Health Care System

Eyal Zimlichman, MD, MSc; Daniel Henderson, MD, MPH; Orly Tamir, PhD, MSc, MHA; Calvin Franz, PhD; Peter Song, BSE; Cyrus K. Yamin, MD; Carol Keohane, BSN, RN; Charles R. Denham, MD; David W. Bates, MD, MSc

Table 3. Total Attributable Financial Impacts of Health Care-Associated Infections in US Adult Inpatients at Acute Care Hospitals, 2009<sup>a</sup>

Health Care-Associated Infection	Costs				
Туре	Total	Lower Bound	Upper Bound		
Surgical site infections	3 297 285 451	2 998 570 584	3 595 841 680		
MRSA	990 539 052	93 785 080	1 935 883 296		
Central line-associated blood- stream infections	1 851 384 347	1 249 464 195	2 636 608 279		
MRSA	389 081 519	111 253 391	1 160 029 019		
Catheter-associated urinary tract infections	27 884 193	18 765 813	37 002 574		
Ventilator-associated pneumonia	3 094 270 016	2 796 898 212	3 408 445 101		
Clostridium difficile infections	1 508 347 070	1 218 707 008	1 814 293 587		
Total	9 779 171 077	8 282 405 811	11 492 191 220		

#### PMID: 23999949

Abbreviation: MRSA, methicillin-resistant *Staphylococcus aureus*.

<sup>a</sup> All cost estimates reported in 2012 \$US rounded to the dollar.

### CMS.gov Centers for Medicare & Medicaid Services

#### Infections

Healthcare-associated infections, or HAIs, are infections that people get while they're getting treatment for another condition in a healthcare setting. HAIs can occur in all settings of care, including acute care hospitals, long term acute care hospitals, rehabilitation facilities, surgical centers, cancer hospitals, and skilled nursing facilities. Many of these infections can be prevented through the use of proper procedures and precautions.

Infections are reported using a standardized infection ratio (SIR). The SIR compares the actual number of
infections at a hospital to a national benchmark based on data reported to the National Healthcare Safety Network
(NHSN). Lower numbers are better.

Practices to Prevent

Sepsis infection

after surgery

Errors

Surgical site

infection after colon

surgery

Doctors, Nurses &

**Hospital Staff** 

#### Read less

Central line-associated bloodstream infections (CLABSI) in ICUs and	0.965
select wards	No different than national
+ Lower numbers are better	benchmark

## WHY FOCUS ON INFECTION?

### SSI is

# heavily weighted in national hospital quality metrics

Parameter	Parameter Estimate	Standard Error	P-value
Intercept	-3.6601	0.0678	<0.0001
Diabetes: Yes	0.0821	0.0303	0.0066
Diabetes: No	REFERENT	-	
ASA score: 1, 2, 3/4/5	0.3028	0.0237	<0.0001
Gender: Male	0.1036	0.0225	<0.0001
Gender: Female	REFERENT	-	
Age (Patient's age/10)	-0.1396	0.0075	<0.0001
BMI: ≥ 30	0.1259	0.0234	<0.0001
BMI: < 30	REFERENT	-	
Closure technique: Other (non-Primary)	0.2383	0.0494	<0.0001
Closure technique: Primary	REFERENT	-	
Oncology Hospital: Yes	0.5437	0.0937	<0.0001
Oncology Hospital: No	REFERENT	-	

Safety Problems

Infection in the

urinary tract

Problems with

Surgerv

Infection in the blood

Above Average

C. diff Infection

Infections

MRSA Infection

Hospital Performs Below Average

### WHY SURGICAL SITE INFECTION?

# SSI is not getting better....



Topics ~

Research ~

#### Search all AHRQ sites

About ~

News ~

Funding & Grants ~

Q

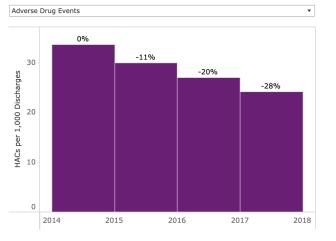
Home > Healthcare-Associated Infections Program > National Scorecard Reports > Healthcare Acquired Conditions (HAC) Annual Report

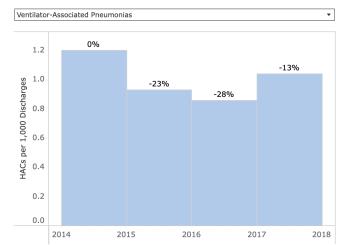
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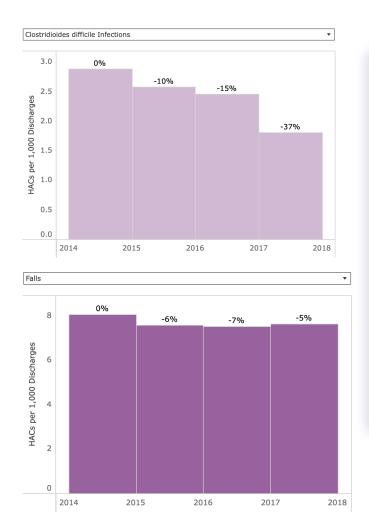
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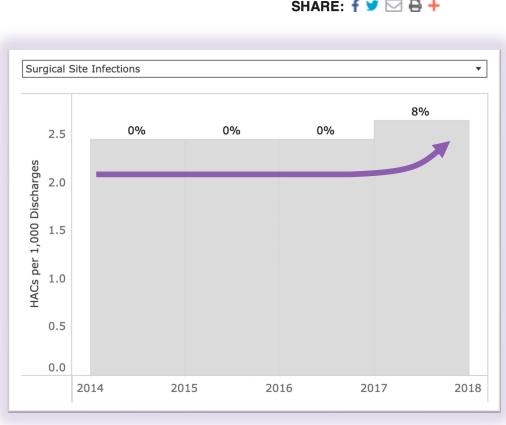
In the new and updated data for 2014-2017, not all types of HACs showed similar trends.

Programs ~









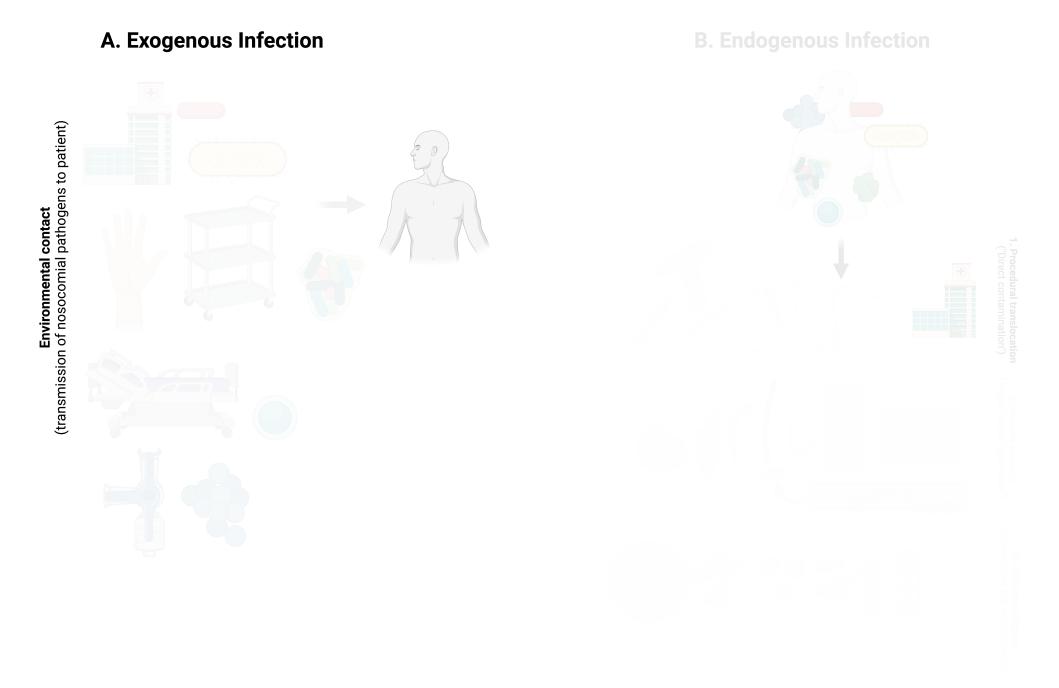
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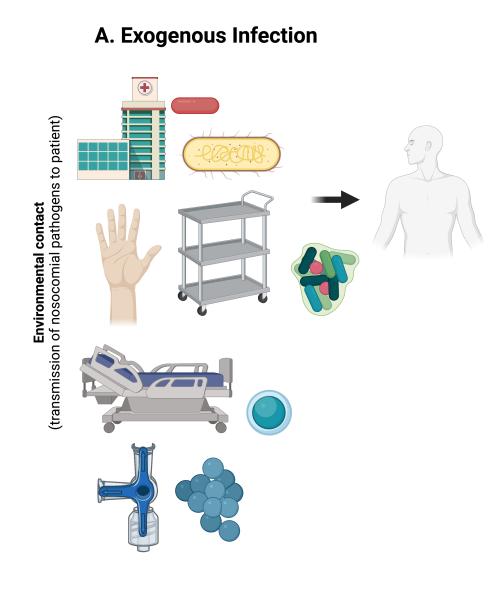


- > The role of the patient microbiome in HAI
- > The connection between the skin microbiome and SSI
- > Implications for current and future prevention strategies
- > How we are thinking about this at Harborview Medical Center

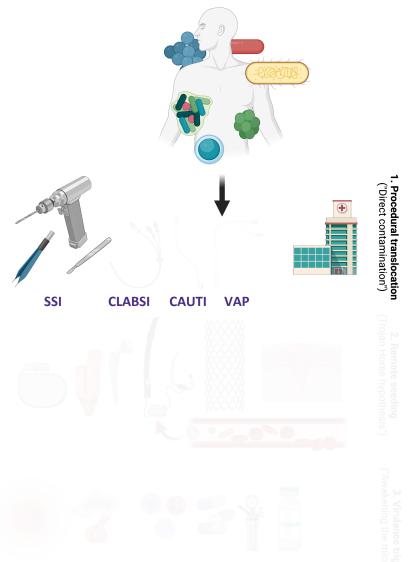
## THE CENTRAL ROLE OF THE PATIENT MICROBIOME

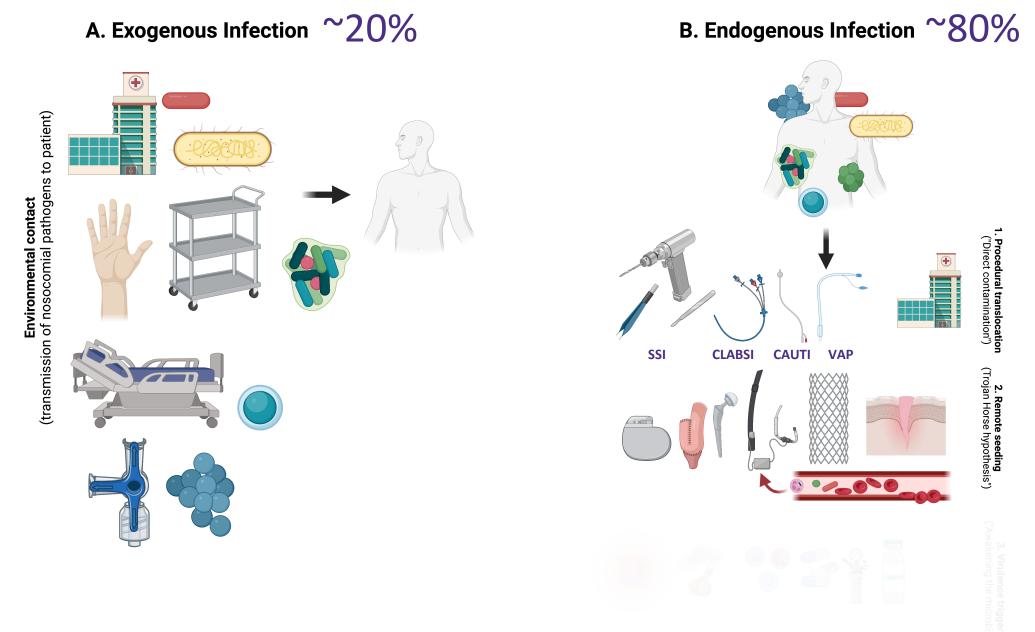
**Concept 1:** *Most healthcare-associated infections arise from procedure-associated perturbations of the patient microbiome* 





### **B. Endogenous Infection**





6

#### nature medicine

Article

https://doi.org/10.1038/s41591-023-02549-4

### Longitudinal genomic surveillance of carriage and transmission of *Clostridioides difficile* in an intensive care unit

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Published online: 18 September 2023

Check for updates

Arianna Miles-Jay<sup>1</sup>, Evan S. Snitkin <sup>©</sup><sup>1,2</sup> ⊠, Michael Y. Lin<sup>3</sup>, Teppei Shimasaki<sup>3</sup>, Michael Schoeny <sup>©</sup> <sup>3</sup>, Christine Fukuda<sup>3</sup>, Thelma Dangana<sup>3</sup>, Nicholas Moore <sup>©</sup> <sup>3</sup>, Sarah E. Sansom <sup>©</sup> <sup>3</sup>, Rachel D. Yelin<sup>3</sup>, Pamela Bell<sup>3</sup>, Krishna Rao<sup>2</sup>, Micah Keidan<sup>2</sup>, Alexandra Standke<sup>2</sup>, Christine Bassis<sup>2</sup>, Mary K. Hayden<sup>3</sup> & Vincent B. Young <sup>©</sup> <sup>1,2</sup>

Despite enhanced infection prevention efforts, Clostridioides difficile remains the leading cause of healthcare-associated infections in the United States. Current prevention strategies are limited by their failure to account for patients who carry C. difficile asymptomatically, who may act as hidden reservoirs transmitting infections to other patients. To improve the understanding of asymptomatic carriers' contribution to C. difficile spread, we conducted admission and daily longitudinal culture-based screening for C. difficile in a US-based intensive care unit over nine months and performed whole-genome sequencing on all recovered isolates. Despite a high burden of carriage, with 9.3% of admissions having toxigenic C. difficile detected in at least one sample, only 1% of patients culturing negative on admission to the unit acquired C. difficile via cross-transmission. While patients who carried toxigenic C. difficile on admission posed minimal risk to others, they themselves had a 24-times greater risk for developing a healthcare-onset C. difficile infection than noncarriers. Together, these findings suggest that current infection prevention practices can be effective in preventing nosocomial cross-transmission of C. difficile, and that decreasing C. difficile infections in hospitals further will require interventions targeting the transition from asymptomatic carriage to infection.

#### >80% patient-origin

### PMIDs: 11136954, 37906196

ORIGINAL ARTICLE

#### **Bloodstream Infection**

#### 83-86% patient-origin

### Nasal Carriage as a Source of Staphylococcus aureus Bacteremia

Christof von Eiff, M.D., Karsten Becker, M.D., Konstanze Machka, M.Sc., Holger Stammer, M.Sc., and Georg Peters, M.D.\*

#### ABSTRACT

**Key Points** 

Question What is the cumulative

incidence of Staphylococcus aureus

bloodstream infections (BSIs) in Europe,

and what factors are associated with an

surgical site infections (SSIs) and

increased risk of SSIs and BSIs?

surgical patients, the weighted

aureus carriage, mastectomy or

the body were independently

Findings In a cohort study of 5004

cumulative incidence of S aureus SSIs

and BSIs was 1.23%. Preoperative S

neurosurgery, higher body mass index,

and having nonremovable implants in

associated with S aureus SSIs and BSIs.

**Meaning** *Staphylococcus aureus* SSIs and BSIs are important postoperative

complications, and future interventions aimed at prevention of these infections

also and the same second state second and so the second

 $\Box$ 

Background The consequences of infection with Staphylococcus aureus can be severe, so strategies important. We examined S. aureus

ind and from nasal specimens to dethe organisms in the bloodstream ne patient's own flora.

hulticenter study, swabs for culture m the anterior nares of 219 patients acteremia. A total of 723 isolates nd genotyped. In a second study, plates from nasal swabs from 1278 ected over a period of five years and vith isolates from the blood of paquently had S. aureus bacteremia. multicenter study of S. aureus bacd isolates were identical to those nares in 180 of 219 patients (82.2 cond study, 14 of 1278 patients who ation with S. aureus subsequently cteremia. In 12 of these 14 patients olates obtained from the nares were to the isolates obtained from blood hs later.

substantial proportion of cases of mia appear to be of endogenous originate from colonies in the nasal sults provide support for strategies ic *S. aureus* infections by eliminatof *S. aureus.* (N Engl J Med 2001;

sachusetts Medical Society

concern about the development of strains resistant to all available antibiotics.<sup>5</sup> The severe consequences of infection with S. aureus heighten the importance of prevention. Colonized patients are the chief source of S. aureus in hospitals.<sup>1,6</sup> Approximately 10 to 40 percent of people tested as outpatients or on admission have nasal carriage of S. aureus.7,8 Colonizing strains may serve as endogenous reservoirs for overt clinical infections or may spread to other patients. Several studies have shown that elimination of carriage in the anterior nares, the principal reservoirs of S. aureus, reduces the incidence of S. aureus infections.<sup>6,9-13</sup> However, previous studies did not systematically investigate the link between S. aureus isolated from blood and S. aureus isolated from nasal specimens, taken before and after bacteremia was detected, with the use of modern molecular methods. Therefore, we undertook this study to assess the correlation between strains colonizing the anterior nares and strains in the blood of patients with S. aureus bacteremia.

#### **METHODS**

#### Study Design

To investigate the correlation between *S. aureus* isolates from the anterior nares and *S. aureus* isolates from blood, two approaches were used. First, in a multicenter study performed from November 1993 to September 1994, which comprised general and intensive care units of 32 university and community hospitals in Germany, swabs were obtained from the anterior nares of patients with *S. aureus* bacteremia and cultured. As defined by the protocol,

JAMA Network Open...

#### Original Investigation | Infectious Diseases Postoperative Staphylococcus aureus Infections in Patients With and Without Preoperative Colonization

Darren P. R. Troeman, MD; Derek Hazard, MSc; Leen Timbermont, MSc, PhD; Surbhi Malhotra-Kumar, MSc, PhD; Cornelis H. van Werkhoven, PhD; Martin Wolkewitz, MSc, PhD; Alexey Ruzin, PhD; Herman Goossens, MD, PhD; Marc J. M. Bonten, MD, PhD; Stephan Harbarth, MD, MS; Frangiscos Sifakis, PhD, MPH, MBA; Jan A. J. W. Kluytmans, MD, PhD; and the ASPIRE-SSI Study Team

#### Abstract

**IMPORTANCE** Staphylococcus aureus surgical site infections (SSIs) and bloodstream infections (BSIs) are important complications of surgical procedures for which prevention remains suboptimal. Contemporary data on the incidence of and etiologic factors for these infections are needed to support the development of improved preventive strategies.

**OBJECTIVES** To assess the occurrence of postoperative *S aureus* SSIs and BSIs and quantify its association with patient-related and contextual factors.

DESIGN, SETTING, AND PARTICIPANTS This multicenter cohort study assessed surgical patients at 33 hospitals in 10 European countries who were recruited between December 16, 2016, and September 30, 2019 (follow-up through December 30, 2019). Enrolled patients were actively followed up for up to 90 days after surgery to assess the occurrence of *S aureus* SSIs and BSIs. Data analysis was performed between November 20, 2020, and April 21, 2022. All patients were 18 years or older and had undergone 11 different types of surgical procedures. They were screened for *S aureus* colonization in the nose, throat, and perineum within 30 days before surgery (source population). Both *S aureus* carriers and noncarriers were subsequently enrolled in a 2:1 ratio.

**EXPOSURE** Preoperative S aureus colonization.

MAIN OUTCOMES AND MEASURES The main outcome was cumulative incidence of S aureus SSIs

#### >80% patient-origin

#### PMID: 32997125

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**Bloodstream Infection** 

#### 83-86% patient-origin

Ventilator-Associated Pneumonia

### 49-95% patient-origin (by geographic variation)



#### Original Investigation | Critical Care Medicine Association of *Staphylococcus aureus* Colonization and Pneumonia in the Intensive Care Unit

Fleur P. Paling, MD; Derek Hazard, MSc; Marc J. M. Bonten, MD, PhD; Herman Goossens, MD, PhD; Hasan S. Jafri, MD, PhD; Surbhi Malhotra-Kumar, MSc, PhD; Frangiscos Sifakis, MSc, PhD; Susanne Weber, MSc, PhD; Jan A. J. W. Kluytmans, MD, PhD; for the ASPIRE-ICU Study Team

#### Abstract

**IMPORTANCE** Carriage of *Staphylococcus aureus* is associated with *S aureus* infection. However, associations between *S aureus* carriage and the development of *S aureus* intensive care unit (ICU) pneumonia (SAIP) have not been quantified accurately, and interpretation of available data is hampered because of variations in definitions.

**OBJECTIVE** To quantify associations of patient-related and contextual factors, including S *aureus* colonization status, with the occurrence of SAIP.

**DESIGN, SETTING, AND PARTICIPANTS** This cohort study was conducted in ICUs of 30 hospitals in 11 European countries, geographically spread across 4 regions. Among patients with an anticipated length of stay 48 hours or longer who were undergoing mechanical ventilation at ICU admission, S *aureus* colonization was ascertained in the nose and lower respiratory tract. From this group, *S aureus*-colonized and noncolonized patients were enrolled into the study cohort in a 1:1 ratio. Data analysis was performed from May to November 2019.

MAIN OUTCOMES AND MEASURES SAIP was defined as any pneumonia during the ICU stay developing 48 hours or more after ICU admission with *S aureus* isolated from lower respiratory tract specimens or blood samples. The incidence of SAIP was derived in the study cohort and estimated on the weighted incidence calculation for the originating overarching population, while taking competing events into account. Weighted risk factor analysis was performed using Cox multivariable regression.

**RESULTS** The study cohort consisted of 1933 patier patients (64.8%) were men, and 950 patients (49.1' 304 patients (15.7%) developed ICU-acquired pneu Weighted SAIP incidences were 11.7 events per 1000 patient-days in the incidence, 4.9 events per 1000 patient-days in the I with SAIP was *S aureus* colonization status at ICU ad 2.2-6.0; *P* < .001). There were marked regional diffe hazard ratios for colonization status.

CONCLUSIONS AND RELEVANCE SAIP incidence patients undergoing mechanical ventilation at ICU a SAIP was 3.6 times higher in patients colonized with noncolonized patients.

#### initially perceived, and future

interventions to prevent SAIP should focus on patients colonized with *S aureus* to achieve a higher efficacy.

**Key Points** 

risk of SAIP?

Question What is the incidence density

of Staphylococcus aureus intensive care

unit pneumonia (SAIP) in Europe, and

which factors are associated with the

Findings In this cohort study of 1933

participants, the weighted incidence density of SAIP was 4.9 events per 1000

intensive care unit patient-days, and *S* aureus colonization was the only factor

independently associated with SAIP.

Meaning These findings suggest that

SAIP incidence may be higher than

#### Supplemental content

Author affiliations and article information are listed at the end of this article.

Ninety-nine patients developed SAIP after prior *S aureus* colonization at ICU admission. Genetic comparison of *S aureus* isolates associated with colonization and infection within these individual patients was possible for 84 of 99 episodes, because of unavailability of either the infecting strain (10 episodes) or the colonizing strain (5 episodes) in the central laboratory. In 57 of these 84 paired strains (68%), multilocus sequence types were identical for the colonizing and infecting strains. Proportions of similarity ranged from 95% (19 of 20 pairs) in the western region to 49% (16 of 33 pairs) in the southern region. The most dominant multilocus sequence types were ST239 (19 strains, of which 11 were in 1 region) for infecting and ST30 (11 strains) for colonizing strains.

#### **Colonizing vs Infecting Strains**

PN C. difficile Infection >80% patient-origin			PMIDs: 20054045, 12	MIDs: 20054045, 12063371, 24897735, 37906196		
Bloodstream Infe	ection	83-86% patient-origin	The <b>NEW</b> JOURNAL			
Ventilator-Associated Pneumonia		49-95% patient-origin (by geographic region)	ESTABLISHED IN 1812 JANUARY 7, 2010 VOL. 362 NO. 1 Preventing Surgical-Site Infections in Nasal Carriers of Staphylococcus aureus			
Surgical Site Infec	INTRANASAL MUPIRO			OCIN TO PREVENT POSTOPERATIVE OCCUS AUREUS INFECTIONS		
Surgical Site Infections in Orthopaedic Surgery         Demonstrate Clones Similar to Those in Orthopaedic         Staphylococcus aureus Nasal Carriers					ET ZIMMERMAN, PH.D., FRENCH, M.D., M.P.H., <i>AUREUS</i> STUDY TEAM* hospitalization. <sup>3</sup> The eco- the anterior nares, and 25 ation is colonized at a given arriers are at higher risk for fter invasive medical or sur-	:al Micro- ies, Eras- r, Rotter- ., H.A.V., robiology
Display State       Display State         Original Investigation   Infectious Diseases         Postoperative Staphylococcus aureus Infections in Patient         With and Without Preoperative Colonization         Darren P. R. Troeman, MD; Derek Hazard, MSc; Leen Timbermont, MSc, PhD; Surbhi Malhotra-Kumar, MSc, PhD; Cornel		· Bukholm, M		hose who do not carry this <i>aureus</i> are also two to nine ers to have surgical-site in- 1 calcium ointment (Bac- Cline) is a topical antibiotic or nares. <sup>11,12</sup> Decolonization	Hospital, partment Infection nsterdam ; the De- ogy (A.T., or Health ), Univer- e Depart-	
		nvestigate w	eased risk hether the	ars to prevent <i>S. aureus</i> in- vho are receiving dialysis, ations and costs. <sup>13-16</sup> Several er rates of surgical-site in- o received mupirocin than subjects. <sup>17-19</sup> However, the tot been studied rigorously		

ctions.

Martin Wolkewitz, MSc. PhD: Alexev Ruzin, PhD: Herman Goossens, MD, PhD: Marc J, M, Bonten, MD, PhD: Stephan Harbarth, MD, MS:

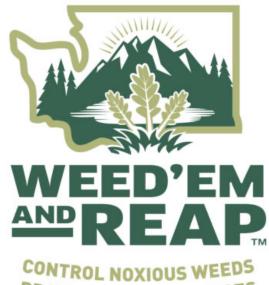
<i>C. difficile</i> Infection >80% patient-origin			PIVIIDS: 200	)54045, 12063371,	24897735, 3790619	<del>]</del> 6
Bloodstream Infe	ection	83-86% patient-origin		NEW ENG		
Ventilator-Associ Pneumonia	iated	<b>49-95%</b> patient-origin (by geographic region)	ESTABLISHED IN 1812 Preventing Sur	JANUARY 7, 2010 rgical-Site Infection of Staphylococcus at	vol. 362 NO. 1 ns in Nasal Carriers ureus	
Surgical Site Infec	ction	79-86% patient-origin		INTRANASAL MUPIROCIN TO PREVENT POSTOPERATIVE STAPHYLOCOCCUS AUREUS INFECTIONS		
		urgical Site Infectio			set Zimmerman, Ph.D., . French, M.D., M.P.H., <i>aureus</i> Study Team*	
Demonstrate Clones Similar Staphylococcus aurer				_	<sup>3</sup> hospitalization. <sup>3</sup> The eco- the anterior nares, and 25 ation is colonized at a given arriers are at higher risk for fter invasive medical or sur-	:al Micro- ;es, Eras- r, Rotter- ., H.A.V., robiology
JAMA Ope			L.	Bukholm, MD, PhD atory Sciences (EpiGen),	hose who do not carry this <i>aureus</i> are also two to nine ers to have surgical-site in- 1 calcium ointment (Bac- Cline) is a topical antibiotic or nares. <sup>11,12</sup> Decolonization	Hospital, partment Infection nsterdam ; the De- ogy (A.T., or Health ), Univer- e Depart-
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Martin Wolkewitz, MSc. PhD: Alexev Ruzin, PhD: Herman Goossens, MD, PhD: Marc J, M, Bonten, MD, PhD: Stephan Harbarth, MD, MS:

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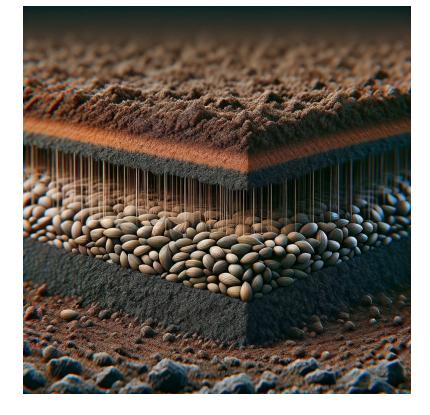


PROTECT OUR RESOURCES



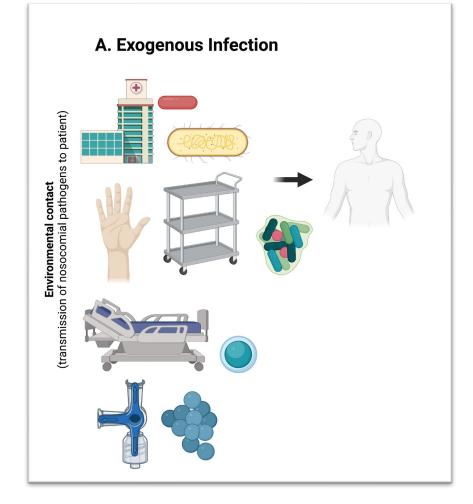


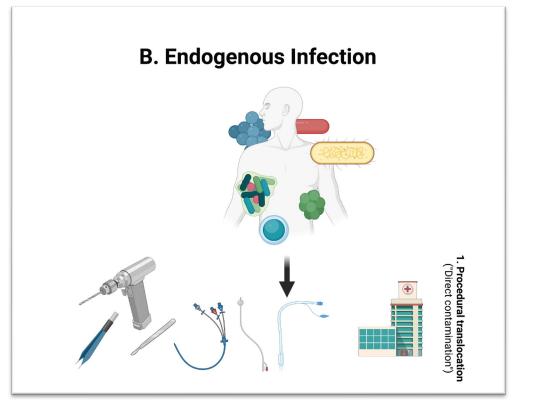




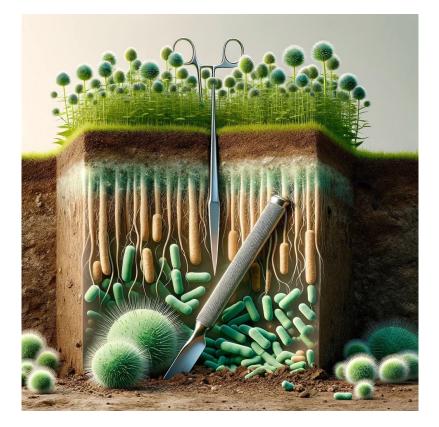








- What new tools could we use for SSI prevention?
- How can our approach to preoperative decolonization be better?
- Or surgical prophylaxis?
- How do bacteria get from sites of colonization (nose) to the wound and "germinate" to mount an infection?
- If coming directly from the skin, why isn't this effectively addressed the by surgical prep?
- If we know in advance the bacterial strains most likely to cause infection, can we use that knowledge to individualize prevention?



## Skin Microbiome & Surgical Site Infection

**Concept 2:** The skin is a complex, resilient community of potential pathogens and resistance genes, built up over a lifetime, and just waiting for an opportunity to cause an infection.

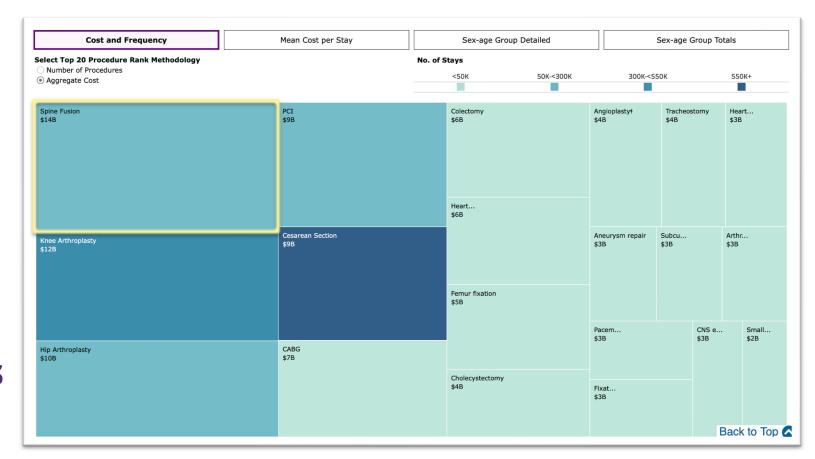
### Why study SSI in <u>spine surgery</u>?

### > High volume

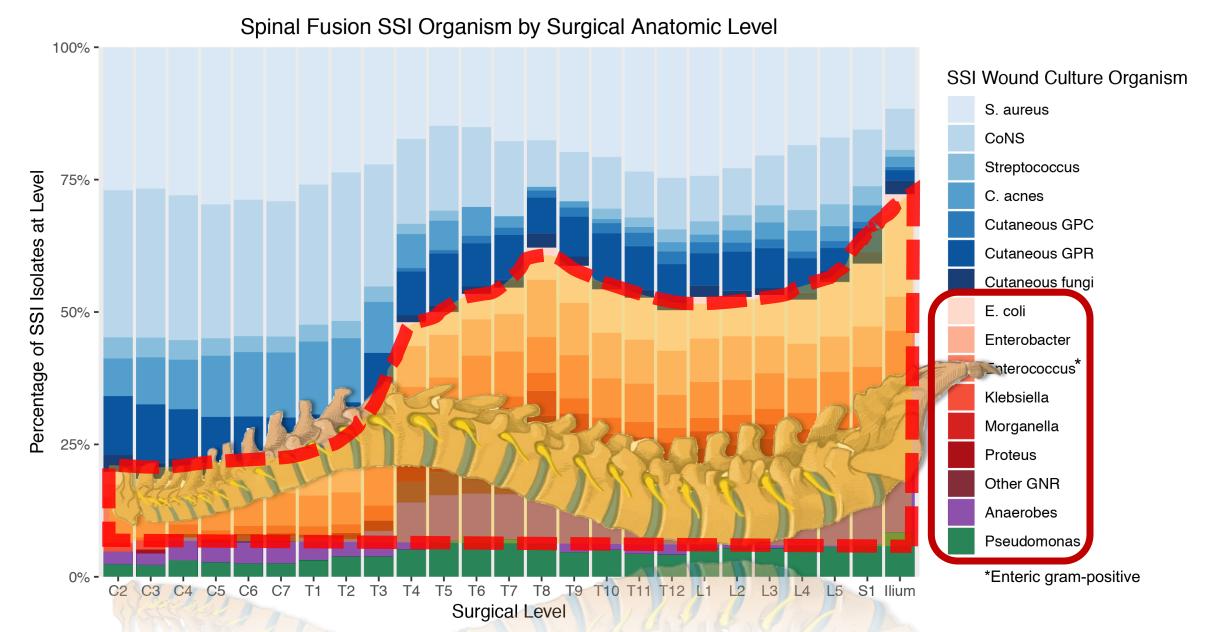
- US ~1M/year
- More \$ expenditure than any other elective surgery

## > High risk

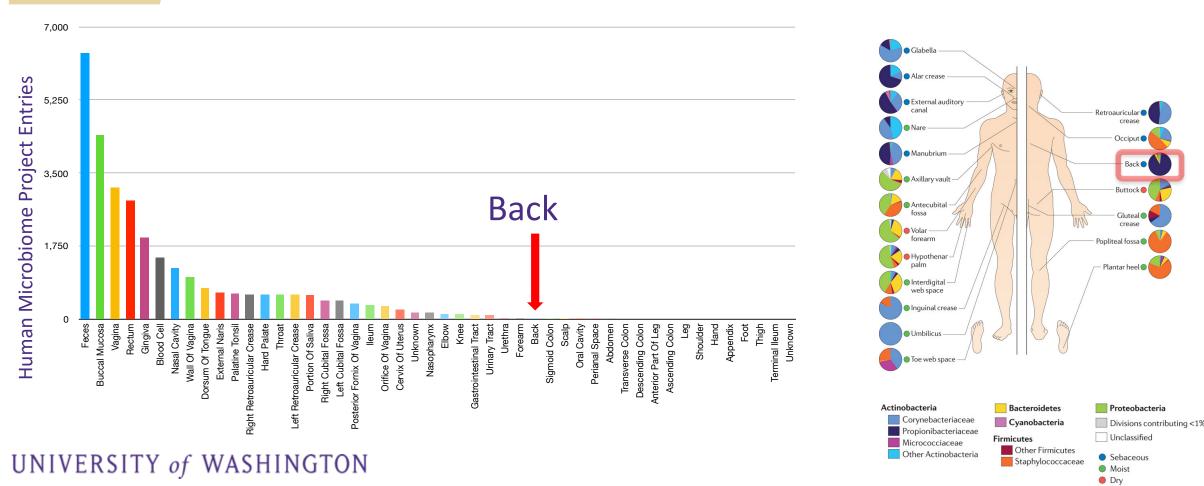
- 1 in 30
- > Major consequences



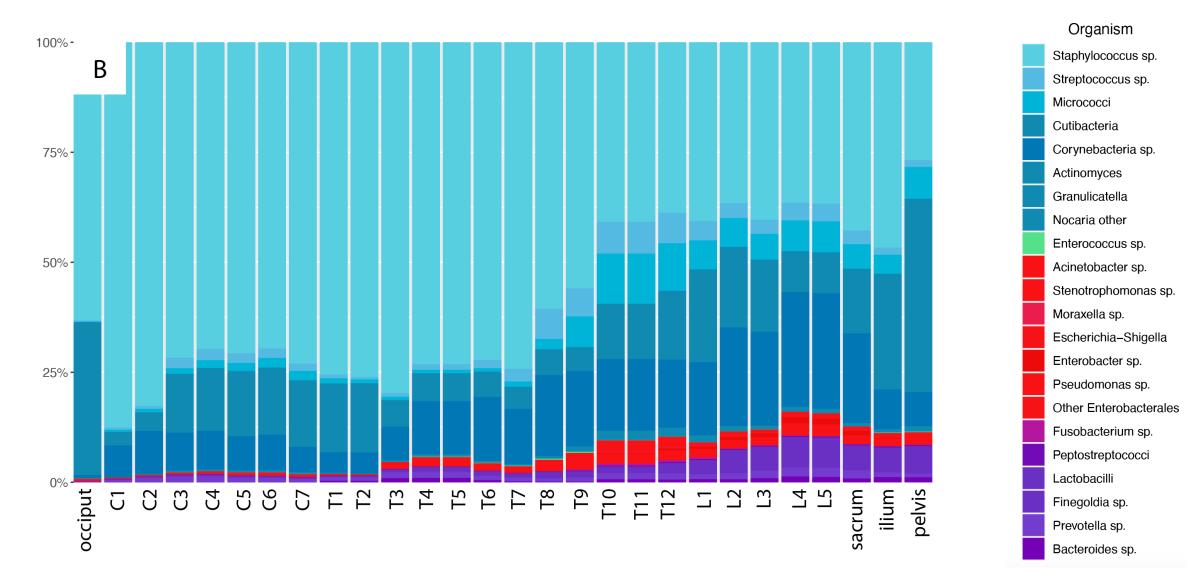
## **Spinal Fusion SSI Microbiology**



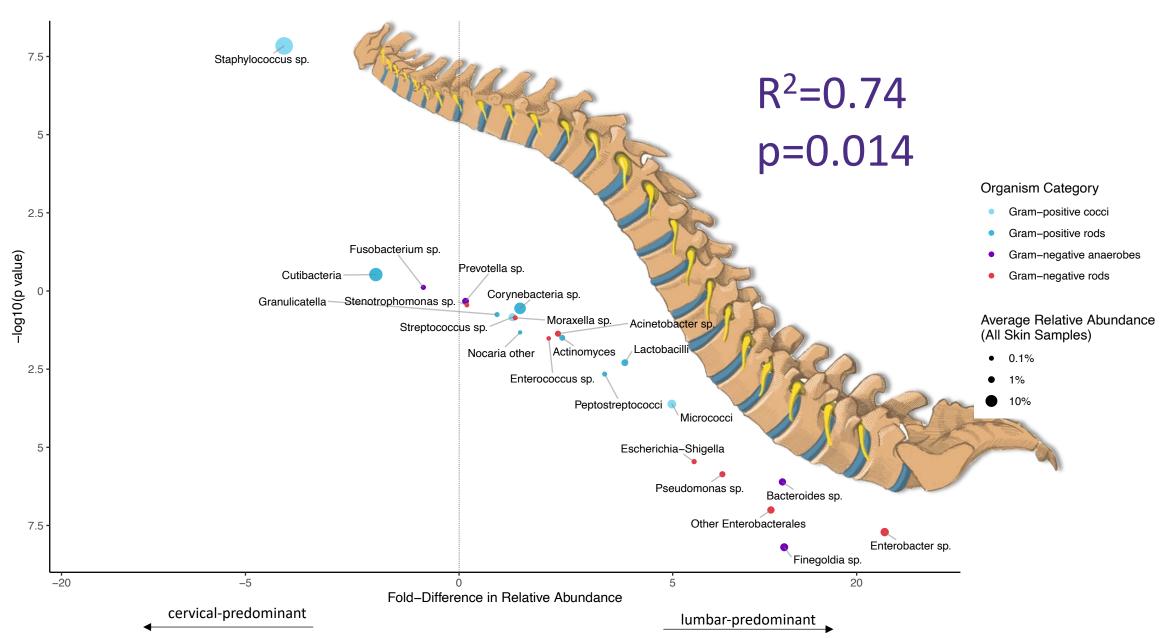
## WHAT DO WE KNOW ABOUT THE "MICROBIOME OF THE BACKSIDE"?



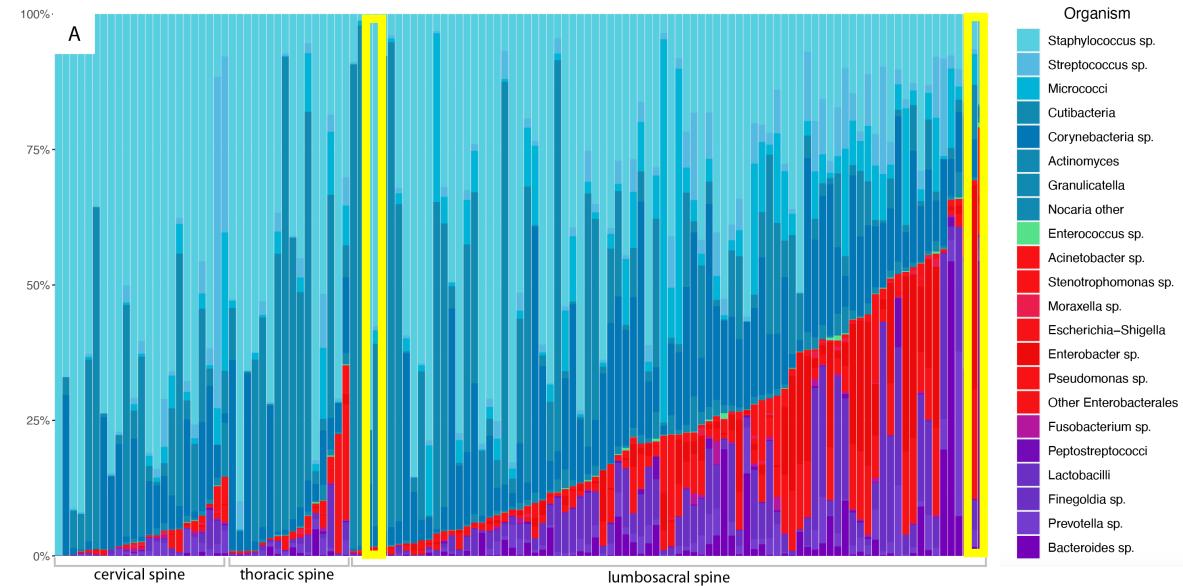
### **Preoperative Skin Microbiome**



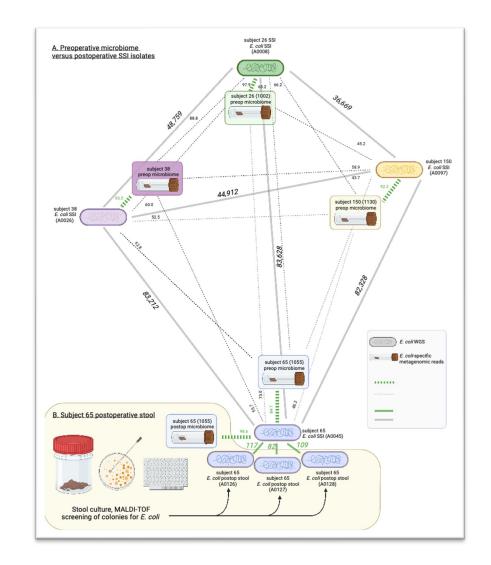
### **Stratification of Individual Species**



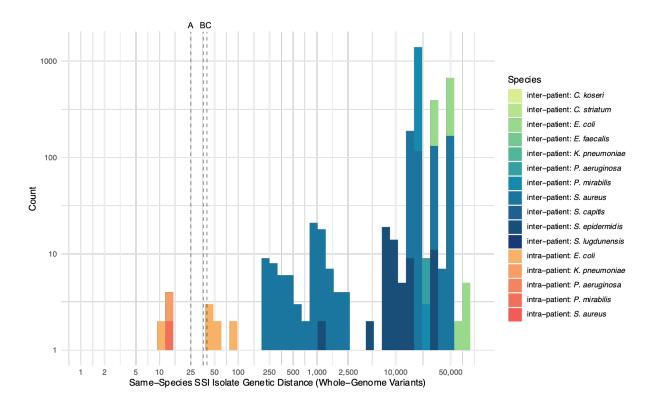
### ANATOMIC VARIATION BUT ALSO INDIVIDUAL VARATION



80-90% of SSIs in spine surgery arise from the patient microbiome (not the hospital environment) UNIVERSITY of WASHINGTON



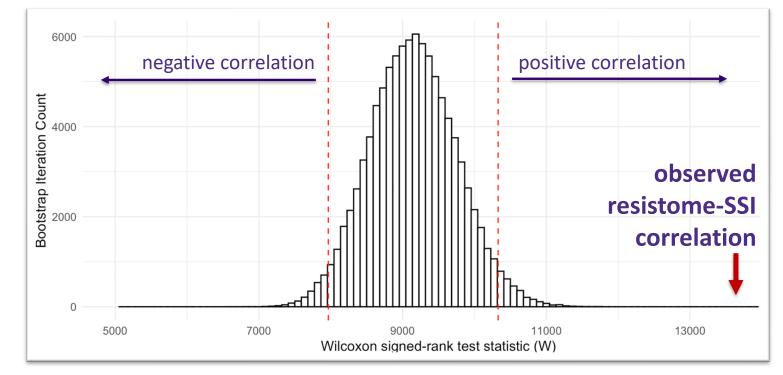
No evidence of same-strain SSI between patients



50-60% are resistant to the surgical prophylaxis administered

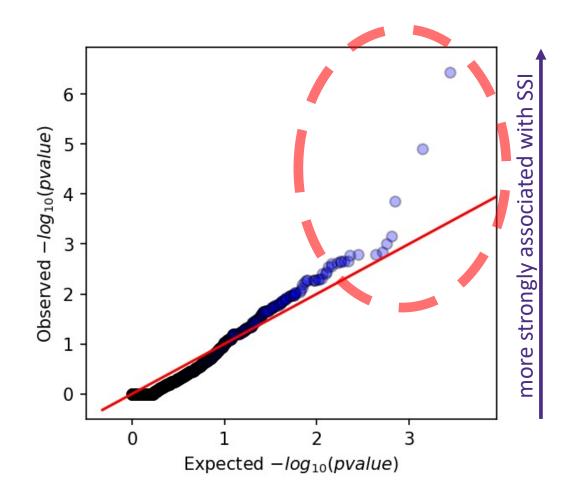
nasal skin rectal nasa skin rectal Sample ecta Microbio Preoperative skin rectal nasa skin recta nasal skin rectal nasa skin rectal SSI Antimicrobial Resistance Gene

resistance genes also come from the patient and are **detectable prior to surgery** 



#### WHAT WE ARE LEARNING

resistance not only to antibiotic prophylaxis but also chlorhexidine?!



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#### WHAT WE ARE LEARNING

# effect of surgical prep is shorter than most surgeries

\* 2.5 2.0 1.5 SpCuV 1.0 0.5 0.0 0 min 30 min 60 min 120 min 240 min 3 min (pre-prep (post-prep baseline) baseline)

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### Skin Microbiome Extends Surprisingly Deep



#### ARTICLE

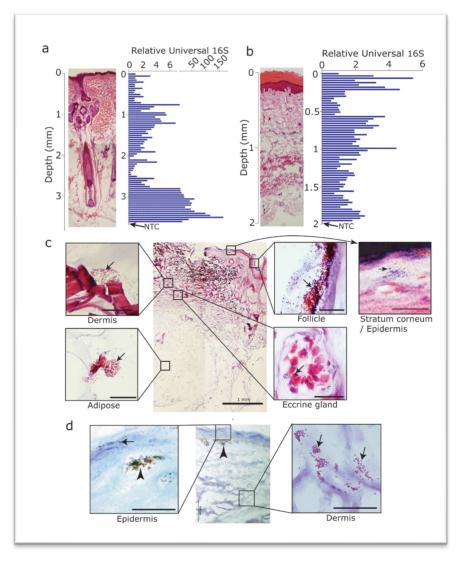
Received 28 Aug 2012 | Accepted 19 Dec 2012 | Published 5 Feb 2013

DOI: 10.1038/ncomms2441

### The microbiome extends to subepidermal compartments of normal skin

Teruaki Nakatsuji<sup>1,2</sup>, Hsin-I. Chiang<sup>3,4</sup>, Shangi B. Jiang<sup>1</sup>, Harish Nagarajan<sup>3</sup>, Karsten Zengler<sup>3</sup> & Richard L. Gallo<sup>1,2</sup>

Commensal microbes on the skin surface influence the behaviour of cells below the epidermis. We hypothesized that bacteria or their products exist below the surface epithelium and thus permit physical interaction between microbes and dermal cells. Here to test this hypothesis, we employed multiple independent detection techniques for bacteria including quantitative PCR, Gram staining, immunofluorescence and *in situ* hybridization. Bacteria were consistently detectable within the dermis and dermal adipose of normal human skin. Sequencing of DNA from dermis and dermal adipose tissue identified bacterial 16S ribosomal RNA reflective of a diverse and partially distinct microbial community in each skin compartment. These results show the microbiota extends within the dermis, therefore, enabling physical contact between bacteria and various cells below the basement membrane. These observations show that normal commensal bacterial communities directly communicate with the host in a tissue previously thought to be sterile.



#### CONCEPTUAL MODEL

# Is it the right model?

Is it the only model?

#### How are we thinking about this at HMC?

- 1. Doubling down on preoperative MRSA screening
  - 1. Moving from pre-anesthesia to surgical clinic
- 2. Revisiting our approach to decolonization
- 3. General focus on bathing practices for inpatients, CHG use in select high-risk populations
- 4. Strategically moving some SSI prevention work from IPC to Surgical Services in a joint model
- 5. Thinking about targeted, individualized approaches to prophylaxis
- 6. All in the context of a hand-hygiene push and keeping the pressure on environmental sources

- Many HAIs arise from the patient microbiome as a result of stresses/procedures that uniquely occur in hospital environments
- This does NOT relieve hospitals of responsibility for infection prevention, but may change our approach

- The skin microbiome varies across body regions
- Within regions, it varies further between individuals
- Gram-negative bacteria are routinely members of these normal skin communities, we just don't see them using traditional culture methods

- Both anatomic and individual variation in the skin microbiome of the surgical site correlate with the causes of SSI
- Community-acquired resistance genes contribute to prophylaxis resistant SSI

- The microbiome is more than "skin deep" and may extend beyond the epidermis to layers not penetrated by surgical prep
- Within a matter hours, the skin surface is subtantially repopulated from deeper reservoirs
- Some skin commensals harbor genes for chlorhexidine resistance
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- The optimal approach and timing for decolonization are uncertain
- Should probably include both nasal and skin decolonization, and begin days before surgery to reduce the overall bioburden of organisms across body, including the skin over the surgical site

#### **BE BOUNDLESS**



## **QUESTIONS/DISCUSSION**